### 1<sup>st</sup> week (12-18. Feb.): General information

- 1. Information of practice requirements
- 2. Propaedeutic of urine analysis

### 2<sup>nd</sup> week (19-25. Feb.): Urine analysis

# Practical skills:

- A) Physical examination:
- 1. Colour, smell, transparency and pH
- 2. Microscopic investigation of the urinary sediment (ppt slide show)
- 3. Specific gravity
- B) Chemical examination:
- 1. Detection of calcium (Sulkowitsch' test)
- 2. Detection of glucose (Nylander's and Fehling's tests)
- Detection of proteins (Heller's test, boiling test, sulphosalicylic acid test)
- 4. Detection of acetone (Rothera's test, Legal's test)
- Detection of bile pigments (Gmelin's, Rosin's, Rosenbach's test)
- Detection of UBG from the fresh urine (Ehrlich's method)

# Theoretical knowledge:

- 1. Detection of blood (benzidine test)
- 2. Detection of pus (Donne's test)
- 3. Rapid (strip) tests (importance of <u>ascorbic acid</u> and nitrate reaction pads)

## 3rd week (26. Feb.-3-March) PRACTICAL MTO - Urine analysis

Physical examination of urine specimen and chemical analysis of its components

# 4<sup>th</sup> week (4-10. March) GI tract I.

# Practical skills (ppt):

- 1. The pH of the saliva
- 2. Detection of albumin of the saliva
- 3. Investigation of saliva amylase and maltase

- 4. Demonstration of the protein digesting activity of pepsin
- 5. Detection of lactic acid in gastric juice

### 5<sup>th</sup> week (11-17. March): GI tract II., Endocrinology

### Practical skills:

- 1. Determination of various anthropometric data (e.g. Body Mass Index (BMI), body fat %)
- 2. The effect of insulin on blood glucose level (Oral Glucose Tolerance Test OGTT)
- Demonstration of the effect of ADH on the rat's diuresis
- 4. Pregnancy tests

# Friday is holiday!

6<sup>th</sup> week (18-24. March) I. MTO (from the seminar knowledge)

### There is NO practice!

# 7<sup>th</sup> week (25-31. March): Monitoring the effect of the autonomic nervous system with polygraph and biofeedback

# testing.

- 1. Poligraphy
- 2. Biofeedback

### From Thursday is the Spring holiday!

# 8<sup>th</sup> week (1-7.April): Sensory organs I: Sense of Smell and Taste; Touch

### Practical skills:

- 1. Sense of taste
- 2. Olphactometry
- Investigation of the skin senses (pressure, pain, tactile sense, graphaesthesia)

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- 4. Sense of localisation: two-point discrimination with Weber's callipers)
- 5. Weber's 3 basin test
- 6. Cool and hot receptors localization on the hand

On Monday and Tuesday are holiday!

### 9<sup>th</sup> week (8-14 April): Sensory organs II: Hearing

# Practical skills:

- 1. Determination of the acoustic acuity (audiometry)
- 2. Tuning fork tests (examinations according to Rinne, and Weber)
- 3. Laryngoscopy, otoscopy
- 4. Bárány's pointing test; postrotational nystagmus

 $\underline{\textbf{Groups}}$  on  $\underline{\textbf{Monday}}$  and  $\underline{\textbf{Tuesday}}$  perform the "Sensory organs I" too.

10<sup>th</sup> week (15-21 April): II. MTO (from seminar knowledge)

There is NO practice!

### 11th week (22-28. April): Sensory organs III.: Vision

### Practical skills:

1. Determination of visual acuity

2. Accommodation (determination of near point of the eye)

- 3. Mariotte's blind-spot test
- 4. The light-response of the pupil(direct and consensual pupil reflex)
- 5. Testing of colour blindness with Ishihara's tables
- 6. Testing of visual field
- 7. Ophthalmoscopy
- 8. Dark adaptation
- 9. Observation of the ophtokinetic reflex
- 10.Detection of astigmatism (Placido's keratoscope, Javal-Schiötz'-ophthalmometer)
- 11.Visual evoked potentials (computer program)

# 12<sup>th</sup> week (29 April 5 May): Motor system-reflexes; reaction time

Practical skills (video):

- 1. Human reflexes
  - proprioceptive reflexes (patella-, Achilles-tendon, biceps-, triceps-, radial-reflex)
  - exteroceptive reflexes (superficial plantar reflex, abdominal skin reflex)

3. Reaction time measurement: motor response to each visual stimulus

4. Reaction time measurement: motor response to each auditory stimulus

### Wednesday is holiday!

# 13th week (6-12. May): EEG, Cognitive function

- 1. Practical skills:
- 2. EEG recording
- 3. Cognitive tests: Stroop paradigm, Mini-Mental Test, Eyes test, Trail making test

### III. MTO (from seminar knowledge)

Groups on Wednesday perform the reflexes too.

### 14<sup>th</sup> week (13-19. May): PRACTICAL EXAM

PRACTICAL EXAM OF MATERIAL OF THE 1<sup>st</sup> and 2<sup>nd</sup> semesters